

CURRICULUM VITAE OF RAYMOND STUDZINSKI, O.S.B.

Education:

Ph.D. -- Fordham University, 1977 (historical theology)
M.A. -- Indiana University, 1973 (religious studies)
M.Div. -- St. Meinrad Seminary, 1970
B.A. -- St. Meinrad College, 1966

Dissertation: “John Wyclif and the Sacrament of Penance”

Post-Doctoral Education:

Special Projects Fellowship, Menninger Foundation, Division of Religion and Psychiatry,
Topeka, Kansas, 1979-81

Academic Positions:

Associate Professor, Religion and Personality,
The Catholic University of America, School of Religious Studies,
Department of Religion and Religious Education, 1985-2003; School of
Theology and Religious Studies, 2003-

Assistant Professor, Religion and Personality,
The Catholic University of America, School of Religious Studies,
Department of Religion and Religious Education, Washington, DC, 1981-
85

Assistant Professor, Pastoral and Historical Theology,
St. Meinrad School of Theology, St. Meinrad, Indiana, 1973-77

Summer Faculty Appointments:

American College, Catholic University of Leuven, Leuven Belgium, 2005
Assumption University, Saginaw Campus, Saginaw, MI, 2004
St. Meinrad School of Theology, 2002, 2000, 1998, 1997, 1994, 1988, 1987
St Michael’s College, Winooski, VT, 1987
The Catholic University of America, 2011, 2010, 2008, 2002, 2000, 1998, 1996, 1986,
1985, 1984, 1983, 1982

Learned Societies:

American Academy of Religion, regular member
American Benedictine Academy, regular member
Association of Practical Theology, regular member
College Theology Society, regular member
Society for the Scientific Study of Religion, regular member
Society for the Study of Christian Spirituality, regular member

Publications:

A. Books

Reading to Live: The Evolving Practice of Lectio Divina. Cistercian Studies Series, no. 231. Collegeville, MN: Liturgical Press, 2009.

Spiritual Direction and Midlife Development. Chicago: Loyola University Press, 1985.

B. Articles in Journals and Books

“Bible Reading Revisited: The Librarian’s Guide to *Lectio Divina* and Formative Styles of Reading.” *Theological Librarianship* 7, no. 1 (2014): 56-64.

“Celibacy Across the Lifespan.” In *Celibacy*, ed. Denis Robinson, 1-45. Saint Meinrad Studies in Pastoral Ministry, no. 1. St. Meinrad, IN: Abbey Press, 2011.

“Being Trinitarian.” *Pastoral Music* 35, no. 3 (March 2011): 34-35.

“Maintaining Spirituality in the Mature Years.” *Benedictines* 63, no. 2 (Fall/Winter 2010): 32-40.

“Cyprian Davis – Monk, Historian, Teacher, Agent of Hope.” *U.S. Catholic Historian* 28, no. 1 (Winter 2010): 93-98.

“A Practical Monastic Theology of Aging.” *Benedictines* 61 (Spring/Summer 2008): 6-21.

“*Lectio Divina: Reading and Praying.*” In *The Tradition of Catholic Prayer*, ed.

Christian Raab and Harry Hagan. 201-221. Collegeville, MN: Liturgical Press, 2007..

“Aging and the Monastic Community: A Practical Monastic Theology of Aging.” *Monastic Liturgy Newsletter* 19, no. 1 (Autumn 2007): 2-14.

“From Teddy Bears to the Transcendent: Strategic Implications of Developments in the Psychology of Religion for Religious Education. In *Catechetical Scholars III: Perspectives on Evangelization and Catechesis*, ed. Diana Didoit Raiche. 57-63. Washington: National Catholic Educational Association, 2005.

“Assimilating the Word: Priestly Spirituality and *Lectio Divina*. *Louvain Studies* 30 (2005), 70-91.

“‘Practice Makes Perfect’: Reading as Transformative Spiritual Practice.” In *Ars Liturgiae: Worship, Aesthetics and Praxi*, ed. Clare V. Johnson. 211-228. Chicago: Liturgical Training Publications, 2003.

“Season of Wisdom, Season of Grace: Promoting Spiritual Growth among Elders,” *Church* 19, no. 1 (Spring 2003): 10-14.

“Reading and Ministry: Applying *Lectio Divina* Principles in a Ministerial Context.” In *Handbook of Spirituality for Ministers*, Volume 2, edited by Robert J. Wicks. 613-627. New York: Paulist Press, 2000.

“There Is a Balm” *Assembly* 24 (1998): 22-23.

“The Hope of God’s Coming.” *Assembly* 19, no. 5 (October 1993): 616-17, 622.

"Prayer and Life." *Chicago Studies* 31, no. 1 (1992): 23-33.

"The Pain and Potential of Aging." *The Catholic World* 235, no. 1410 (November/December 1992): 251-255.

"Living the Future: Jesus' Vision and Our Response." *Assembly* 16, no. 2 (1989): 466-469.

"Guidelines for Creative Spirituality at Midlife." *Praying: Spirituality for Everyday Living* No. 33 (November/December 1989): 11-13.

"A Dynamic, Evangelizing Faith." *Catholic Evangelization in the United States of America* 2, no. 3 (1989): 18-21.

"Transcending a Past: From Remorse to Reconciliation in the Aging Process." *The Psychotherapy Patient* 5 (1988), 207-218.

"Tutoring the Religious Imagination: Art and Theology as Pedagogues." *Horizons* 14, no. 1 (1987): 24-38.

"Impasse, Finitude, and Guilt: Some Religious Challenges of Aging." *Bulletin of the Menninger Clinic* 51 (1987): 436-446.

"Remember and Forgive: Psychological Dimensions of Forgiveness." *Concilium* 184 (2/1986): 12-21.

"The Religious Challenges of Aging." *Social Thought* 12, no. 3 (Summer 1986): 11-19.

"Adult Faith Is Reward for Long Life." *Envoy* 15, no. 2 (1986): 4-6.

"Prayer in an Age of Anxiety." *Review for Religious* 39 (1980): 419-28

"The Directed Retreat -- A Monastic Approach." *Review for Religious* 38 (1979): 571-77.

"Freeing the Spirit' -- Toward a Holistic Spirituality." *Contemplative Review* 12 (1979): 1-10.

"The Minister of Reconciliation: Some Historical Models." In *Background and Directions. The Rite of Penance: Commentaries*, Vol. III, ed. Nathan Mitchell. 50-61. Washington, DC: The Liturgical Conference, 1978.

C. Dictionary and Encyclopedia Articles

"Guilt." *New Catholic Encyclopedia*, 2nd Edition, 2002.

"Guilt, Theology of,." *New Catholic Encyclopedia*, 2nd Edition, 2002.

"Shame." *New Catholic Encyclopedia*, 2nd Edition, 2002.

"Counseling." *The Modern Catholic Encyclopedia*. Edited by Michael Downey and Monika Hellwig. Collegeville, MN: Liturgical Press, 1994. Pp. 207-208.

"Guilt." *The Modern Catholic Encyclopedia*. Edited by Michael Downey and Monika Hellwig. Collegeville, MN: Liturgical Press, 1994. Pp. 363-364

- "Feelings." *The New Dictionary for Catholic Spirituality*. Edited by Michael Downey. Collegeville, MN: Liturgical Press, 1993. Pp. 392-394.
- "Pastoral Care and Counseling." *The New Dictionary for Catholic Spirituality*. Edited by Michael Downey. Collegeville, MN: Liturgical Press, 1993. Pp. 722-723.
- "Retreat, Retreat Movement." *The New Dictionary for Catholic Spirituality*. Edited by Michael Downey. Collegeville, MN: Liturgical Press, 1993. Pp. 826-827.
- "Discernment." *The New Catholic Encyclopedia*, Vol. 18 (1988), 122-123.
- "God Images." *The New Catholic Encyclopedia*, Vol. 18 (1988), 177-178.
- "Object Relations Theory." *The New Catholic Encyclopedia*, Vol. 18 (1988), 329-330.
- "Experience, religious." *The New Dictionary of Theology*. Edited by Mary Collins, Joseph Komonchak, and Dermot Lane. Wilmington: Michael Glazier, 1987. Pp. 369-374.
- "Psychology." *The New Dictionary of Theology*. Edited by Mary Collins, Joseph Komonchak, and Dermot Lane. Wilmington: Michael Glazier, 1987. Pp. 818-823.

D. Pastoral Pamphlets, Articles and Homilies

- Sacraments and Sacramental Living in Benedictine Spirituality* (St. Meinrad, IN: Abbey Press, 2014)
- "The Healing Word," *Homily Service*, 43/1 (November 2009): 6-9; 16-17; 25-27; 34-36.
- AThe Healing Word,@ *Homily Service*, 34/7 (October 2001), 40-41.
- AThe Healing Word,@ *Homily Service*, 33/12 (March 2001), 23-25.
- AThe Healing Word,@ *Homily Service*, 33/6 (September 2000), 10-11.
- AThe Healing Word,@ *Homily Service*, 32/12 (March 2000), 13-15.

AServing the Word,@ *Homily Service*, 32/2 (May, 1999), 35-36.

AServing the Word,@ *Homily Service*, 31/9 (December, 1998), 68-70.

AServing the Word,@ *Homily Service*, 31/2 (May,1998), 16-18.

AServing the Word,@ *Homily Service*, 30/6 (September, 1997), 37-39.

E. Book Reviews

Review of *Reviving Christian Humanism: The New Conversation of Spirituality, Theology, and Psychology*, by Don S. Browning. *Worship* 85, no. 2 (March 2011): 189-90.

Review of *John Wyclif: Scriptural Logic, Real Presence, and the Parameters of Orthodoxy*, by Ian Christopher Levy. *Catholic Book Reviews* 2004. <http://catholicbooksreview.org/2004/levy.htm>.

Review of *Praying the Scriptures*, by Demetrius Dumm. *Catholic Books Review* 2004. <http://catholicbooksreview.org/2004/dumm.htm>.

Review of *Prayer of Heart and Body*, by Thomas Ryan. *Catholic Issues: An On-Line Journal*, 2002.

Review of *A Place Apart: Monastic Prayer and Practice for Everyone*, by M. Basil Pennington. *Catholic Issues: An On-Line Journal*, 1999.

Review of *No Other Light: Points of Convergence in Psychology and Spirituality*, by Mary Wolff-Salin. *Horizons* 16 (1989): 400.

Brief Review of *Knowledge as Desire: An Essay on Freud and Piaget*, by Hans Furth. *The Living Light* 25, no. 4 (1989): 373-74.

Review of *Speaking in Tongues: A Guide to Research on Glossolalia*, ed. by Watson E. Mills. *Review of Religious Research* 29, no. 3 (1988): 322-323.

Review of *Faith Development and Fowler*, ed. by Craig Dykstra and Sharon Parks. *Worship* 61 (1987): 553-555.

Brief review of *Winter Grace: Spirituality for Later Years*, by Kathleen Fischer. *The Living Light* 22 (1986): 181-182.

Review of *Becoming Adult, Becoming Christian: Adult Development and Christian Faith*, by James W. Fowler. *Worship* 60, no. 3 (1986): 276-278.

Review of *Psychology and Religion: A Reader*, ed. by Margaret Gorman. *The Living Light* 22 (1986): 365-366.

Brief review of *The Way of Spiritual Direction*, by Francis Kelly Nemeck and Marie Theresa Coombs. *The Living Light*, 23 (1986): 83-84.

Review of "The Life of the Self in Christian Spirituality and Contemporary Psychoanalysis" by John McDargh in *Horizons* 11, no. 2 (Fall 1984), 344-60. *Social Thought* 11, no. 3 (Summer 1985): 79-80.

Brief review of *Contours of a World View*, by Arthur F. Holmes. *The Living Light* 20 (1984): 368-369.

Brief review of *Christo-Psychology*, by Morton Kelsey. *The Living Light* 20 (1984): 368

Brief review of *The Spiritual Life: Learning East and West*, by John H. Westerhoff III and John D. Eusden. *The Living Light* 19 (1982): 371-372.

Brief review of *Exploring Spiritual Direction: An Essay on Christian Friendship*, by Alan Jones. *The Living Light* 19 (1982): 372.

Brief review of *Mid-life: Psychological and Spiritual Perspectives*, by Janice Brewi and Anne Brennan. *The Living Light* 19 (1982): 372-373.

Brief review of *Guillaume de Saint-Thierry: Aux Sources d'une Pensee*, by Jean Dechanet. *Theological Studies* 40 (1979): 215-216.

Dissertations Directed:

2014

Olsen, Kristina. "Work in the Spirituality of Teresa of Avila" 2014

2013

Tseng, Jufang. "Han Christian Conversion in Taiwan: A Study of Presbyterian Converts from Traditional Chinese Religions" 2013

2012

Arcement, Kyle T. "In the School of the Prophets: The Formation of Thomas Merton's

Prophetic Spirituality” 2012.

Magee, Kanika A. M. “Ella Mitchell: A Forerunner of Liberation Spirituality among African-American Women” 2012.

2011

Yoder, Heidi Miller. “The Spiritual Practice of Ritually Enacted Narrative: Expanding Pilgram Marpeck’s Understanding of Action in the Lord’s Supper.” 2011.

2010

Mellinger, Laurie. “Teaching Theology as a Christian Spiritual Practice: The Example of Stanley J. Grenz.” 2010.

Dante, Michael. “Technologies of the Ignatian Exercises: A Means of Transforming the Self Today.” 2010.

Lee, Shin Ja. “The Practice of Spiritual Direction in the Life and Writings of St. Elizabeth Ann Seton.” 2010.

2009

Sanchez, Celeste D. “A Study of *The Cloud of Unknowing* from the Perspective of the Psychology of Consciousness.” 2009.

2007

McGroarty, Brendan. “A Study of Walter Hilton’s Reformation in Faith and Feeling from the Perspective of Affect Theory.” 2007.

Thralls, Chad. “Ann Belford Ulanov’s Use of Psychology in Interpreting the Spiritual Life: Her Contribution to the Psychology of Prayer.” 2007.

2006

McCarthy, Andrew. “Francis of Assisi as Artist of the Spiritual Life: An Object Relations Theory Perspective.” 2006.

2003

Catanzaro, Ana Maria. “The Meaning and Place of Spirituality in the Education of Student Nurses from the Mid 1800s to the Present Time.” 2003.

2000

Morris, Thomas H. “The Process of Discernment in the *Rite of Christian Initiation of Adults*.” 2000.

Magro, Emanuel P. "The Role of Imagination in Catechesis in Light of D. W. Winnicott's Theory of Emotional Development." 2000.

1993

Griffin, Douglas L. "The Relationship of Self-rated Health Status to Attributes of Religion: An Analysis of Non-institutionalized American Adults." 1993.

1991

Lawrence, Richard T. "The God Image Inventory: The Development, Validation and Standardization of a Psychometric Instrument for Research, Pastoral and Clinical Use in Measuring the Image of God." 1991.

Dmochowski, Mary Ann. "A Theological and Psychodynamic Examination of the Role of Petition in the Development of Personal Prayer Life." 1991.

1989

Baron, Keith. "A Study of St. John of the Cross's Theology of Transformation from the Perspective of Psychoanalytic Object Relations Theory." 1989.

1988

Milos, Joy. "The Role of the Spiritual Guide in the Life and Writings of Evelyn Underhill." 1988.

Doctor of Ministry Projects Directed:

2013

Harkins, Ruth. "Crafting Authentic Community" 2013

Le, Phi Cong. "*Lectio Divina* for Newly Married Couples: Reconsidering Christian Families as Domestic Churches" 2013

Florio, Philip A. "Development of the 'Ignis' Training Program: An Introduction to Ignatian Spirituality and Mission in the Jesuit Tradition for Educators and Staff in Jesuit Institutions of Higher Education" 2013

2012

Henning, Claire M. "Passing on a Catholic Expression of Christian Faith in Today's Milieu: A Model of Faith Formation and Faith Sharing for Catholic Parents of Early Primary School Aged Children Using Three Parables in the Gospel of Luke." 2012

Edwards, Ardella. "Spiritual Formation for Lay Lectors." 2012

2004

Habawel, John. "A Program of Fostering Contemplative Leadership for a Filipino Catholic Charismatic Community." 2004.

Courses Taught at The Catholic University of America:

Dialogue Between Theology and Psychology (CUA – TRS 753A)

An examination of the evolving dialogue between theology and psychology, the theological uses of psychology, and prospects for the future of the dialogue.

Dynamics of Christian Spirituality (CUA -- TRS 251)

An introduction to Christian Spirituality with focus on major historical figures and developments.

Psychology and Religion (CUA -- Rel 621; TRS 651A)

Historical survey of the psychology of religion and contemporary perspectives of psychology and religion on selected topics.

Religion and the Life Cycle (CUA -- Rel 420)

Investigation of the place and development of religion across the life span.

Ministry of Spiritual Direction (CUA -- Rel 788; TRS 855)

Consideration of the history, principles, and practice of spiritual direction.

Personality and Religious Development (CUA -- Rel 622; TRS 651B)

Examination of the psychological foundations of religion in human development and the evolution of religion during the life cycle.

Theology of Aging (CUA -- Rel 762)

Investigation of theological principles and doctrines which orient and direct ministry to the aging.

Ministry and Life Stages (CUA -- Rel 625)

Examination of moral and faith development across the life span with emphasis on implications for ministry.

Religious Experience: Psychological and Theological Perspectives (CUA -- Rel 422)

Examination of classic and contemporary interpretations of religious experience.

Presentations at Professional Conferences:

2013

- "A Monastic Approach to *Lectio Divina* and a Spirituality of Aging." Series of Talks to Monastics, Abbey of the Genesee, Piffard, New York, June 9-12, 2013
- 2012 "Looking to the Future of Religious Life: *Perfectae Caritatis* and the Church Today," Reform and Renewal: Vatican II after Fifty Years. A Four-Day Symposium at The Catholic University of America. September 27, 2012.
- 2010 "*Lectio Divina* in Monastic Life," 25th Annual Monastic Institute. St. John's Abbey, Collegeville, MN. June 28, 2010.
- 2009 "Monastic Appropriation of Scholastic Approaches to Reading," 44th International Congress on Medieval Studies. Western Michigan University, Kalamazoo, MI, May 9, 2009.
- 2007 "Aging and the Monastic Community," Keynote Address at the Meeting of the Monastic Liturgy Forum and Benedictine Musicians, Mount Martyr College, Yankton, SD, July 18, 2007.
- 2006 "Benedictine Spirituality," Presentation at the Spirituality Seminar for Teachers and Pastoral Leaders, "Great Schools of Spirituality," at the Retreat Center at St. John's, Plymouth, MI, June 22, 2006.
- 2005 "Spiritual Practices," Institute of Theology for Ministry, American College, Leuven University, Leuven, Belgium, July 25-29, 2005
- 2005 "Season of Grace and Wisdom: Promoting Spiritual Growth Among Elders," 28th Annual Elder Religious and Diocesan Priests Workshop, College Misericordia, Dallas, PA, July 17, 2005.